



<http://FRG.army.mil>

*Working to unlock the  
potential of your  
Family Readiness  
Group*



# What is <http://FRG.army.mil>?

This website exists to:

- ◆ Resource Army FRG Leaders with useful tools, tips, ideas, and information.
- ◆ Connect present and future FRG Leaders with experienced Leaders who are passionate about FRG and have a desire to share with others.
- ◆ Serve Company-Level Commanders by working to build exceptional Family Readiness Groups.



# What do we believe?

- ◆ We believe that connecting FRG Leaders from around the world in a vibrant conversation about solid leadership will increase the effectiveness of the readiness program, and in doing so, increase the effectiveness of the unit.



# The Mission of the FRG Team:

- ◆ Past, present, and future FRG Leaders collaborating to build exceptional Family Readiness Groups.

## The Motto of the FRG Team:

- ◆ *Sharing Successes & Learning New Lessons*



# Our Message to FRG Leaders:

- ◆ Your efforts support combat readiness.
- ◆ Your experience will help others.
- ◆ Your input is important.
- ◆ Your service is valued.
- ◆ You are not alone.



# Core Value #1

## “Grass Roots”

- ◆ Our goal is to serve as the basis for *shared communication* in the Family Readiness community.
- ◆ All information and advice comes directly from *experienced* FRG Leaders – past and present.



## Core Value #2

# Committed to the Army and to Army Families

- ◆ We are committed to the mission of the United States Army.
- ◆ We exist to support that mission through FRGs by *preparing* families for separation, *educating* families on Army life, and *communicating* information with families.





## Core Value #3

### Positive Voice

- ◆ All submissions, responses, and information from this site are phrased in an *optimistic* way, focusing on *solutions* and *encouraging* FRG Leaders.





## Core Value #4

# Passion for Quality

- ◆ Resources and information for FRG Leaders are of the highest quality – *accurate, timely, relevant and professional.*



## Core Value #5

### Innovative & Creative

- ◆ We seek new ways of looking at FRG-related issues.
- ◆ We learn and share from the *successes and lessons* of present and past FRG Leaders.



# What is Family Readiness?



# Communication: **Keeping Families Informed**

**Communication**

*Sharing  
accurate  
information*

**A major function of the FRG is to keep families informed with accurate, timely, and relevant information. Especially during separation, many families will depend on the FRG and its contacts**




# Education

## Helping Families Learn Skills To Succeed

Educating soldiers and families on Army life, skills to succeed, and the mission of the unit can prove valuable during separation. One goal of the FRG is to create confident families who can solve problems and

### Education

*Learning  
about Army  
life*



# Preparation: **The Key to Family Readiness**

**Preparation  
on**

*Preparing  
for  
separation*

**FRGs exist to prepare soldiers and families for separation, including field exercises, NTC rotations, and operational deployments. To be most effective, soldiers must feel confident that families are cared for during**



# **Soldiers & Families**

**are the very heart  
of every FRG.**

**All events,  
fundraisers,  
meetings, or  
activities are solely  
focused on soldiers  
and their families.**



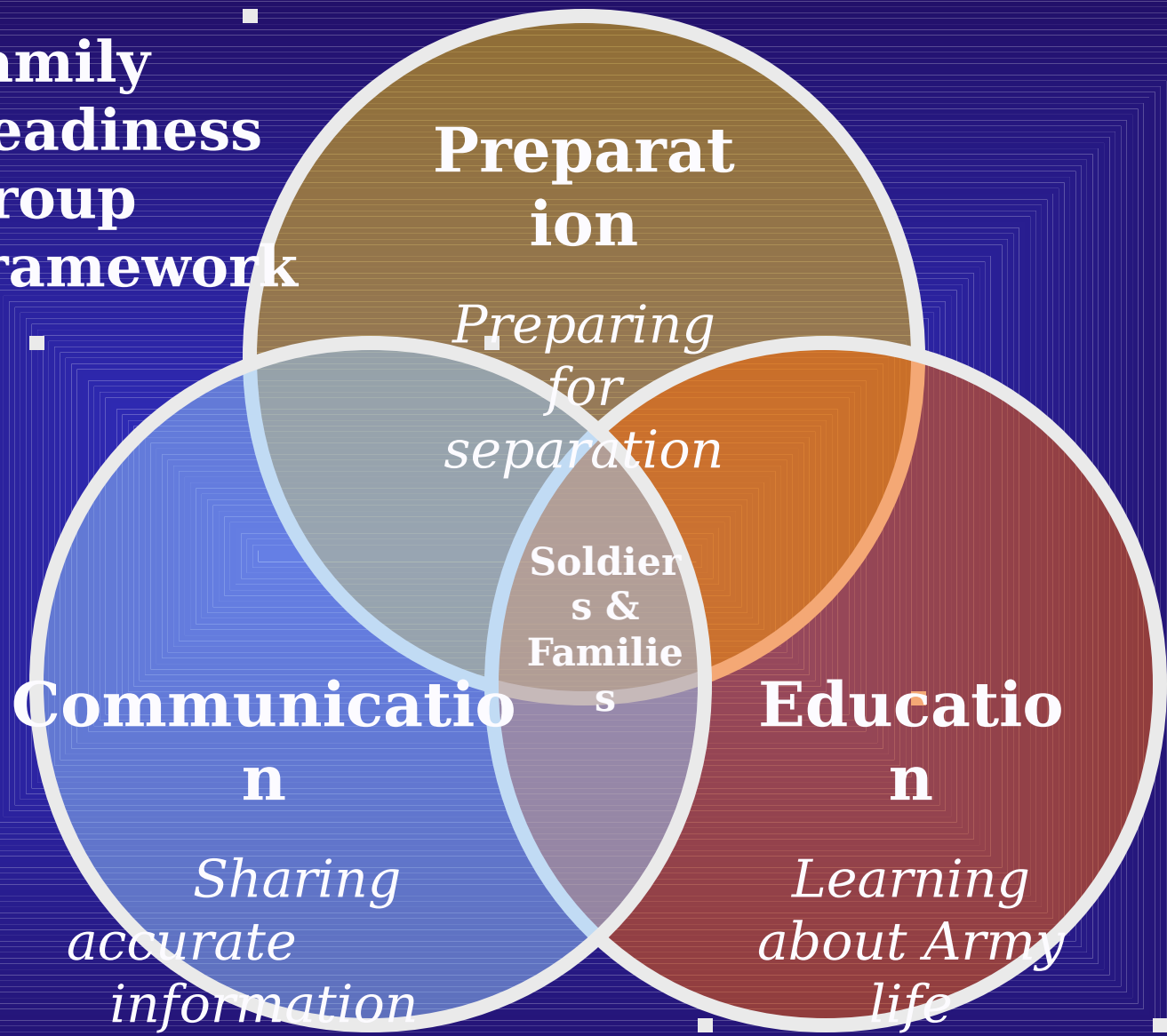




**How does  
it all  
fit together?**



# Family Readiness Group Framework





# What can I find at <http://FRG.army.mil>?

- ◆ Tools like checklists, newsletters, phone tree examples, POC training packets, and more!
- ◆ Articles, advice, and tips to improve your FRG
- ◆ A phenomenal database designed to manage your FRG members



# What else can I find at

<http://FRG.army.mil>?

- ◆ Discussion forums for you to chat with other FRG Leaders
- ◆ FRG Contacts – real FRG Leaders who can answer your specific questions
- ◆ FRG Leader Support Team ready to assist you



# What can we do for you?

- ◆ Contact the FRG Leader Support Team at any time with specific questions, requests, or suggestions.
- ◆ If we don't know the answer, we will find someone who does!
- ◆ We seek to connect and assist FRG Leaders.



# How can I get involved?

- **Join a discussion.**
- **Give advice from your experience.**
- **Ask for advice from other FRG Leaders.**
- **Download resources to enhance your FRG.**
- **Submit resources that work for you.**
- **Tell your colleagues about <http://FRG.army.mil>.**



**Questions?**

**Comments?**

**Want to join the fun?**

**Contact the FRG Leader Support  
Team:**

◆ **Traci Cook:**

**traci.cook@us.army.mil**

◆ **Angela Crist:**

**angela.crist1@us.army.mil**





**Happy  
FRGing!**